


 Dearborn SY 2021/2022 K-12 Breakfast  
 Breakfast

Dearborn Public School

Mon	Tue	Wed	Thu	Fri
2/28/2022	3/1/2022	3/2/2022	3/3/2022	3/4/2022
<b>Breakfast Entrée</b> Mini Strawberry Cream Cheese Bagels Chex Cereal w/ Graham Crackers Cocoa Puffs Cereal w/ Graham Crackers Rice Krispies Cereal w/ Graham Crackers Froot Loop Cereal w/Graham Crackers <b>Fruit</b> Fresh Orange 100% Apple Juice Cup <b>Milk</b> 1% Low Fat White Milk Fat Free Chocolate Milk	<b>Breakfast Entrée</b> Trix Cereal Bar <b>Fruit</b> 100% Grape Juice Cup Fresh Apple <b>Milk</b> 1% Low Fat White Milk Fat Free Chocolate Milk	<b>Breakfast Entrée</b> Egg & Potato Breakfast Burrito Chex Cereal w/ Graham Crackers Cocoa Puffs Cereal w/ Graham Crackers Froot Loop Cereal w/Graham Crackers Rice Krispies Cereal w/ Graham Crackers <b>Vegetables</b> Fresh Salsa <b>Fruit</b> Fresh Apple 100% Orange Juice Cup <b>Milk</b> 1% Low Fat White Milk Fat Free Chocolate Milk	<b>Breakfast Entrée</b> Zatar w/ Cheese on Pita Bread Chex Cereal w/ Graham Crackers Cocoa Puffs Cereal w/ Graham Crackers Froot Loop Cereal w/Graham Crackers Rice Krispies Cereal w/ Graham Crackers <b>Fruit</b> Fresh Pear Juicy Mandarin Oranges <b>Milk</b> 1% Low Fat White Milk Fat Free Chocolate Milk	<b>Breakfast Entrée</b> Mini Cinnamon Waffles Chex Cereal w/ Graham Crackers Cocoa Puffs Cereal w/ Graham Crackers Froot Loop Cereal w/Graham Crackers Rice Krispies Cereal w/ Graham Crackers <b>Fruit</b> 100% Apple Juice Cup Fresh Apple <b>Milk</b> 1% Low Fat White Milk Fat Free Chocolate Milk <b>Misc.</b> Maple Syrup Cup
3/7/2022	3/8/2022	3/9/2022	3/10/2022	3/11/2022
<b>Breakfast Entrée</b> Whole Grain Bagel Chex Cereal w/ Graham Crackers Cocoa Puffs Cereal w/ Graham Crackers Froot Loop Cereal w/Graham Crackers Rice Krispies Cereal w/ Graham Crackers <b>Fruit</b> Fresh Apple 100% Orange Juice Cup <b>Milk</b> 1% Low Fat White Milk Fat Free Chocolate Milk <b>Misc.</b> Cream Cheese Cup Jelly Packet	<b>Breakfast Entrée</b> Cherry Yogurt Parfait w/ Graham Crackers Chex Cereal w/ Graham Crackers Cocoa Puffs Cereal w/ Graham Crackers Froot Loop Cereal w/Graham Crackers Rice Krispies Cereal w/ Graham Crackers <b>Fruit</b> Juicy Mandarin Oranges Fresh Pear <b>Milk</b> 1% Low Fat White Milk Fat Free Chocolate Milk	<b>Breakfast Entrée</b> Delicious Cinnamon Bun Chex Cereal w/ Graham Crackers Cocoa Puffs Cereal w/ Graham Crackers Froot Loop Cereal w/Graham Crackers Rice Krispies Cereal w/ Graham Crackers <b>Fruit</b> 100% Apple Juice Cup Fresh Orange <b>Milk</b> 1% Low Fat White Milk Fat Free Chocolate Milk	<b>Breakfast Entrée</b> Fluffy French Toast Sticks Chex Cereal w/ Graham Crackers Cocoa Puffs Cereal w/ Graham Crackers Froot Loop Cereal w/Graham Crackers Rice Krispies Cereal w/ Graham Crackers <b>Fruit</b> Fresh Banana 100% Orange Juice Cup <b>Milk</b> 1% Low Fat White Milk Fat Free Chocolate Milk <b>Misc.</b> Maple Syrup Cup	<b>Breakfast Entrée</b> Breakfast Peach Cobbler Chex Cereal w/ Graham Crackers Cocoa Puffs Cereal w/ Graham Crackers Froot Loop Cereal w/Graham Crackers Rice Krispies Cereal w/ Graham Crackers <b>Meat/Meat Alternate</b> String Cheese <b>Fruit</b> Fresh Banana 100% Grape Juice Box <b>Milk</b> 1% Low Fat White Milk Fat Free Chocolate Milk



Mon	Tue	Wed	Thu	Fri
3/14/2022	3/15/2022	3/16/2022	3/17/2022	3/18/2022
<b>Breakfast Entrée</b> Fluffy Apple Cinnamon Muffin w/ String Cheese Cocoa Puffs Cereal w/ Graham Crackers Cheerios Cereal w/ Graham Crackers Froot Loop Cereal w/Graham Crackers Rice Krispies Cereal w/ Graham Crackers <b>Fruit</b> Fresh Pear Juicy Mandarin Oranges <b>Milk</b> 1% Low Fat White Milk Fat Free Chocolate Milk	<b>Breakfast Entrée</b> Annie's Organic Honey Bunny Grahams & Vanilla Yogurt Cocoa Puffs Cereal w/ Graham Crackers Cheerios Cereal w/ Graham Crackers Froot Loop Cereal w/Graham Crackers Rice Krispies Cereal w/ Graham Crackers <b>Fruit</b> Fresh Apple 100% Orange Juice Carton <b>Milk</b> 1% Low Fat White Milk Fat Free Chocolate Milk	<b>Breakfast Entrée</b> Egg & Cheese Bagel Sandwich Cocoa Puffs Cereal w/ Graham Crackers Cheerios Cereal w/ Graham Crackers Froot Loop Cereal w/Graham Crackers Rice Krispies Cereal w/ Graham Crackers <b>Fruit</b> Fresh Orange 100% Apple Juice Cup <b>Milk</b> 1% Low Fat White Milk Fat Free Chocolate Milk	<b>Breakfast Entrée</b> Mini Blueberry Waffles Cocoa Puffs Cereal w/ Graham Crackers Cheerios Cereal w/ Graham Crackers Froot Loop Cereal w/Graham Crackers Rice Krispies Cereal w/ Graham Crackers <b>Fruit</b> 100% Grape Juice Box Fresh Grapes <b>Milk</b> 1% Low Fat White Milk Fat Free Chocolate Milk <b>Misc.</b> Maple Syrup Cup	<b>Breakfast Entrée</b> CinnaBoli Cocoa Puffs Cereal w/ Graham Crackers Cheerios Cereal w/ Graham Crackers Froot Loop Cereal w/Graham Crackers Rice Krispies Cereal w/ Graham Crackers <b>Fruit</b> Fresh Pear 100% Orange Juice Carton <b>Milk</b> 1% Low Fat White Milk Fat Free Chocolate Milk
3/21/2022	3/22/2022	3/23/2022	3/24/2022	3/25/2022
<b>Breakfast Entrée</b> Fluffy French Toast Sticks Cocoa Puffs Cereal w/ Graham Crackers Cheerios Cereal w/ Graham Crackers Froot Loop Cereal w/Graham Crackers Rice Krispies Cereal w/ Graham Crackers <b>Fruit</b> Fresh Orange 100% Grape Juice Cup <b>Milk</b> 1% Low Fat White Milk Fat Free Chocolate Milk <b>Misc.</b> Maple Syrup Cup	<b>Breakfast Entrée</b> Egg & Cheese English Muffin Sandwich Cocoa Puffs Cereal w/ Graham Crackers Cheerios Cereal w/ Graham Crackers Froot Loop Cereal w/Graham Crackers Rice Krispies Cereal w/ Graham Crackers <b>Fruit</b> 100% Orange Juice Carton Diced Strawberries Cup <b>Milk</b> 1% Low Fat White Milk Fat Free Chocolate Milk	<b>Breakfast Entrée</b> Whole Grain Bagel Cinnamon Raisin Bagel Golden Grahams Cereal w/ Graham Crackers Cocoa Puffs Cereal w/ Graham Crackers Froot Loop Cereal w/Graham Crackers Rice Krispies Cereal w/ Graham Crackers <b>Fruit</b> Fresh Orange 100% Apple Juice Cup <b>Milk</b> 1% Low Fat White Milk Fat Free Chocolate Milk <b>Misc.</b> Jelly Packet Cream Cheese Cup	<b>Breakfast Entrée</b> Zatar w/ Cheese on Pita Bread Cocoa Puffs Cereal w/ Graham Crackers Cheerios Cereal w/ Graham Crackers Froot Loop Cereal w/Graham Crackers Rice Krispies Cereal w/ Graham Crackers <b>Fruit</b> Fresh Pear 100% Apple Juice Cup <b>Milk</b> 1% Low Fat White Milk Fat Free Chocolate Milk	<b>Breakfast Entrée</b> Fluffy Banana Muffin w/ String Cheese Cocoa Puffs Cereal w/ Graham Crackers Cheerios Cereal w/ Graham Crackers Froot Loop Cereal w/Graham Crackers Rice Krispies Cereal w/ Graham Crackers <b>Fruit</b> Fresh Apple 100% Orange Juice Carton <b>Milk</b> 1% Low Fat White Milk Fat Free Chocolate Milk



Mon	Tue	Wed	Thu	Fri
3/28/2022	3/29/2022	3/30/2022	3/31/2022	4/1/2022


 Dearborn SY 2021/2022 K-5 Lunch  
Lunch

Dearborn Public School

Mon	Tue	Wed	Thu	Fri
2/28/2022	3/1/2022	3/2/2022	3/3/2022	3/4/2022
<b>Lunch Entrée</b>		<b>Lunch Entrée</b>	<b>Lunch Entrée</b>	<b>Lunch Entrée</b>
Classic Mac & Cheese Spinach & Black Bean Wrap		Halal Chicken Patty Sandwich Cat in the Hat Strawberry Yogurt Parfait	Delicious Cheese Pizza Mediterranean Vegetable Salad	Cheesy Broccoli Baked Potato w/ Biscuit Baja Fish Sticks w/Roll
<b>Vegetables</b>		<b>Vegetables</b>	<b>Vegetables</b>	<b>Vegetables</b>
Peppered Broccoli Florets Fresh Romaine Leaf & Spinach Salad Mix Tomatoes, Cherry, Raw Fresh Broccoli Florets Seasoned Black Beans Fresh Baby Carrots Fresh Celery Sticks		Steamed Mexicorn Fresh Romaine Leaf & Spinach Salad Mix Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Fresh Celery Sticks Fresh Salsa	Smiley Fries Fresh Romaine Leaf & Spinach Salad Mix Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Fresh Celery Sticks	Italian Veggie Blend Fresh Romaine Leaf & Spinach Salad Mix Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Fresh Celery Sticks
<b>Fruit</b>		<b>Fruit</b>	<b>Fruit</b>	<b>Fruit</b>
Fresh Apple Sliced Peaches		Fresh Pear Juicy Pineapple Tidbits	Fresh Apple Juicy Mandarin Oranges	Juicy Pineapple Tidbits Diced Strawberries Cup
<b>Milk</b>		<b>Milk</b>	<b>Milk</b>	<b>Milk</b>
1% Low Fat White Milk Fat Free Chocolate Milk		1% Low Fat White Milk Fat Free Chocolate Milk	1% Low Fat White Milk Fat Free Chocolate Milk	1% Low Fat White Milk Fat Free Chocolate Milk
<b>Misc.</b>		<b>Misc.</b>	<b>Misc.</b>	<b>Misc.</b>
Creamy Ranch Dressing		Creamy Ranch Dressing Ketchup Packet Mustard Packet Mayonnaise Packet	Creamy Ranch Dressing	Creamy Ranch Dressing Mayonnaise Packet Ketchup Packet Mustard Packet



Mon	Tue	Wed	Thu	Fri
3/7/2022	3/8/2022	3/9/2022	3/10/2022	3/11/2022
<b>Lunch Entrée</b> Cheesy Stuffed Breadsticks Veggie Ranch Wrap	<b>Lunch Entrée</b> Halal Crispy Popcorn Chicken Halal Beef Taco Salad	<b>Lunch Entrée</b> Halal Chicken & Waffles Grilled Cheese Sandwich	<b>Lunch Entrée</b> Delicious Cheese Pizza Fruit & Yogurt Power Pack w/ Graham Crackers	<b>Lunch Entrée</b> Fish Nugget Sea Shapes w/Roll Fresh Turkey & Cheese Sub
<b>Vegetables</b> Crispy Tater Tots Chilled Black Bean Salad Fresh Romaine Leaf & Spinach Salad Mix Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Green Bell Pepper	<b>Vegetables</b> Steamed Crinkle Carrots Chilled Black Bean Salad Fresh Romaine Leaf & Spinach Salad Mix Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Green Bell Pepper	<b>Vegetables</b> Spiced Green Beans Fresh Romaine Leaf & Spinach Salad Mix Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Green Bell Pepper	<b>Vegetables</b> Seasoned 5 Way Mixed Vegetables Fresh Romaine Leaf & Spinach Salad Mix Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Green Bell Pepper	<b>Vegetables</b> Seasoned Roasted Vegetables Homestyle Coleslaw Salad Fresh Romaine Leaf & Spinach Salad Mix Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Green Bell Pepper
<b>Fruit</b> Fresh Pear Diced Strawberries Cup	<b>Fruit</b> Sliced Peaches Mixed Fruit Cup	<b>Fruit</b> Fresh Orange Sweet Mixed Fruit	<b>Fruit</b> Sliced Pears Mixed Fruit Cup	<b>Fruit</b> Fresh Apple Sweet Mixed Fruit
<b>Milk</b> 1% Low Fat White Milk Fat Free Chocolate Milk	<b>Milk</b> 1% Low Fat White Milk Fat Free Chocolate Milk	<b>Milk</b> 1% Low Fat White Milk Fat Free Chocolate Milk	<b>Milk</b> 1% Low Fat White Milk Fat Free Chocolate Milk	<b>Milk</b> 1% Low Fat White Milk Fat Free Chocolate Milk
<b>Misc.</b> Creamy Ranch Dressing Parmesan Cheese Packet Spicy Red Pepper Flakes Ketchup Packet Mustard Packet Mayonnaise Packet	<b>Misc.</b> Creamy Ranch Dressing Parmesan Cheese Packet Spicy Red Pepper Flakes	<b>Misc.</b> Creamy Ranch Dressing Parmesan Cheese Packet Spicy Red Pepper Flakes Ketchup Packet Mustard Packet Mayonnaise Packet Maple Syrup Cup	<b>Misc.</b> Creamy Ranch Dressing	<b>Misc.</b> Creamy Ranch Dressing
				<b>Condiments</b> Tartar Sauce



Mon	Tue	Wed	Thu	Fri
3/14/2022	3/15/2022	3/16/2022	3/17/2022	3/18/2022
<b>Lunch Entrée</b> Grande Cheesy Nachos Zaatar Pita & Hummus w/ Veggies Power Pack	<b>Lunch Entrée</b> Vegetarian Garlic & Herb Alfredo Rotini Cheesy Stuffed Breadsticks	<b>Lunch Entrée</b> Delicious Cheese Pizza Halal Pepperoni Pizza Crispy Chicken Caesar Salad	<b>Lunch Entrée</b> Tater Tot Casserole w/ Biscuit Fish Sticks w/Roll	
<b>Vegetables</b> Steamed Mexicorn Fresh Romaine Leaf & Spinach Salad Mix Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Fresh-Cut Cucumber Slices	<b>Vegetables</b> California Blend Veggies Fresh Romaine Leaf & Spinach Salad Mix Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Fresh-Cut Cucumber Slices Kidney Beans	<b>Vegetables</b> Fresh Romaine Leaf & Spinach Salad Mix Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Fresh-Cut Cucumber Slices Zingy Crinkle Fries	<b>Vegetables</b> Orange Glazed Carrots Fresh Romaine Leaf & Spinach Salad Mix Peppered Broccoli Florets Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Fresh-Cut Cucumber Slices	
<b>Fruit</b> Fresh Apple Sliced Pears	<b>Fruit</b> Sliced Peaches Fresh Grapes	<b>Fruit</b> Sliced Pears Fresh Banana	<b>Fruit</b> Fresh Grapes Diced Strawberries Cup	
<b>Milk</b> 1% Low Fat White Milk Fat Free Chocolate Milk	<b>Milk</b> 1% Low Fat White Milk Fat Free Chocolate Milk	<b>Milk</b> 1% Low Fat White Milk Fat Free Chocolate Milk	<b>Milk</b> 1% Low Fat White Milk Fat Free Chocolate Milk	
<b>Misc.</b> Creamy Ranch Dressing	<b>Misc.</b> Creamy Ranch Dressing	<b>Misc.</b> Creamy Ranch Dressing Ketchup Packet Mayonnaise Packet Mustard Packet	<b>Misc.</b> Creamy Ranch Dressing Lime Sorbet Cup Tartar Sauce	



Mon	Tue	Wed	Thu	Fri
3/21/2022	3/22/2022	3/23/2022	3/24/2022	3/25/2022
<b>Lunch Entrée</b> Cheese Quesadilla Falafel Sandwich <b>Vegetables</b> Spiced Green Beans Fresh Pico Salsa Fresh Romaine Leaf & Spinach Salad Mix Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Fresh Celery Sticks <b>Fruit</b> Juicy Mandarin Oranges Fresh Pear <b>Milk</b> 1% Low Fat White Milk Fat Free Chocolate Milk <b>Misc.</b> Creamy Ranch Dressing	<b>Lunch Entrée</b> Halal Sweet & Sour Chicken w/ Rice Cheesy Stuffed Breadsticks <b>Vegetables</b> Seasoned Peas & Carrots Fresh Romaine Leaf & Spinach Salad Mix Fresh Baby Carrots Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Celery Sticks <b>Fruit</b> Sweet Mixed Fruit Diced Strawberries Cup <b>Milk</b> 1% Low Fat White Milk Fat Free Chocolate Milk <b>Misc.</b> Creamy Ranch Dressing Ketchup Packet	<b>Lunch Entrée</b> Halal Chicken Nuggets Pineapple Parfait w/ Graham Crackers and String Cheese <b>Vegetables</b> Oven-Roasted Potato Wedges Chilled Black Bean Salad Fresh Romaine Leaf & Spinach Salad Mix Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Fresh Celery Sticks <b>Fruit</b> Fresh Banana Juicy Pineapple Tidbits <b>Milk</b> 1% Low Fat White Milk Fat Free Chocolate Milk <b>Misc.</b> Creamy Ranch Dressing Ketchup Packet Mayonnaise Packet Mustard Packet	<b>Lunch Entrée</b> Hawaiian Chicken Salad w/Roll Cheesy French Bread Pizza <b>Vegetables</b> Seasoned 5 Way Mixed Vegetables Chilled Black Bean Salad Fresh Romaine Leaf & Spinach Salad Mix Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Fresh Celery Sticks <b>Fruit</b> Sliced Peaches Fresh Apple <b>Milk</b> 1% Low Fat White Milk Fat Free Chocolate Milk <b>Misc.</b> Creamy Ranch Dressing Ketchup Packet Mayonnaise Packet Mustard Packet	<b>Lunch Entrée</b> Halal Beef Hotdog Tuna Salad Sandwich <b>Vegetables</b> Zingy Crinkle Fries Fresh Romaine Leaf & Spinach Salad Mix Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Green Bell Pepper Fresh Pico Salsa <b>Fruit</b> Diced Pears Fresh Apple <b>Milk</b> 1% Low Fat White Milk Fat Free Chocolate Milk <b>Misc.</b> Creamy Ranch Dressing
3/28/2022	3/29/2022	3/30/2022	3/31/2022	4/1/2022

**FILTERS**

Name(s)	Value(s)
Date Range	(Start = 2/27/2022, End = 4/2/2022)
Menu Plan	(Dearborn SY 2021/2022 K-5 Lunch, Dearborn SY 2021/2022 K-12 Breakfast)