


 Dearborn SY 2021/2022 K-5 Lunch
 Lunch

Dearborn Public School

Mon	Tue	Wed	Thu	Fri
5/2/2022	5/3/2022	5/4/2022	5/5/2022	5/6/2022
		Lunch Entrée Halal Chicken Nuggets w/Roll Grilled Cheese Sandwich Vegetables Italian Veggie Blend Fresh Romaine Leaf & Spinach Salad Mix Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Fresh Celery Sticks Fruit Fresh Apple Sliced Peaches Milk 1% Low Fat White Milk Fat Free Chocolate Milk Misc. Creamy Ranch Dressing	Lunch Entrée Delicious Cheese Pizza Spaghetti with Halal Italian Style Beef & Pomodoro Sauce Vegetables Seasoned 5 Way Mixed Vegetables Homemade Seasoned Black Bean & Corn Salad Fresh Romaine Leaf & Spinach Salad Mix Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Fresh Celery Sticks Fruit Fresh Pear Juicy Pineapple Tidbits Milk 1% Low Fat White Milk Fat Free Chocolate Milk Misc. Creamy Ranch Dressing Ketchup Packet Mustard Packet Mayonnaise Packet	Lunch Entrée Seasoned Halal Beef & Bean Burrito Cat in the Hat Strawberry Yogurt Parfait Vegetables Steamed Mexicorn Fresh Romaine Leaf & Spinach Salad Mix Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Fresh Celery Sticks Fruit Fresh Apple Juicy Mandarin Oranges Milk 1% Low Fat White Milk Fat Free Chocolate Milk Misc. Creamy Ranch Dressing



Mon	Tue	Wed	Thu	Fri
5/9/2022	5/10/2022	5/11/2022	5/12/2022	5/13/2022
Lunch Entrée Halal Chicken Patty Sandwich Hummus & Pita Bread	Lunch Entrée Halal Chicken Nugget Snowbowl w/Roll Veggie Ranch Wrap	Lunch Entrée Halal Beef Taco Salad Grilled Cheese Sandwich	Lunch Entrée Delicious Cheese Pizza BBQ Ranch Chicken Salad w/ Roll	Lunch Entrée Vegetarian Garlic & Herb Alfredo Rotini Turkey & Cheese Wrap
Vegetables Zingy Crinkle Fries Fresh Romaine Leaf & Spinach Salad Mix Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Fresh Celery Sticks	Vegetables Seasoned Oven Roasted Cauliflower Fresh Romaine Leaf & Spinach Salad Mix Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Green Bell Pepper	Vegetables Steamed Crinkle Carrots Chilled Black Bean Salad Fresh Romaine Leaf & Spinach Salad Mix Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Green Bell Pepper	Vegetables Peppered Broccoli Florets Fresh Romaine Leaf & Spinach Salad Mix Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Green Bell Pepper	Vegetables Seasoned and Roasted Vegetables Fresh Romaine Leaf & Spinach Salad Mix Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Green Bell Pepper
Fruit Diced Strawberries Cup Fresh Orange	Fruit Sweet Mixed Fruit Fresh Orange	Fruit Fresh Apple Sliced Peaches	Fruit Fresh Orange Sweet Mixed Fruit	Fruit Sliced Pears Diced Strawberries Cup
Milk 1% Low Fat White Milk Fat Free Chocolate Milk	Milk 1% Low Fat White Milk Fat Free Chocolate Milk	Milk 1% Low Fat White Milk Fat Free Chocolate Milk	Milk 1% Low Fat White Milk Fat Free Chocolate Milk	Milk 1% Low Fat White Milk Fat Free Chocolate Milk
Misc. Creamy Ranch Dressing Mayonnaise Packet Ketchup Packet Mustard Packet	Misc. Creamy Ranch Dressing Ketchup Packet Mustard Packet Mayonnaise Packet	Misc. Creamy Ranch Dressing	Misc. Creamy Ranch Dressing Ketchup Packet Mustard Packet Mayonnaise Packet	Misc. Creamy Ranch Dressing Ketchup Packet Mustard Packet Mayonnaise Packet



Mon	Tue	Wed	Thu	Fri
5/16/2022	5/17/2022	5/18/2022	5/19/2022	5/20/2022
Lunch Entrée Classic Mac & Cheese Tuna Salad Sandwich Vegetables Zingy Crinkle Fries Fresh Romaine Leaf & Spinach Salad Mix Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Green Bell Pepper Fruit Fresh Orange Sliced Pears Milk 1% Low Fat White Milk Fat Free Chocolate Milk Misc. Creamy Ranch Dressing Ketchup Packet Mustard Packet	Lunch Entrée Cheesy Stuffed Breadsticks Zaatar on Pita w/ Hummus, Tomato & Olives Power Pack Vegetables Steamed Mexicorn Fresh Romaine Leaf & Spinach Salad Mix Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Fresh-Cut Cucumber Slices Fruit Fresh Pear Juicy Pineapple Tidbits Milk 1% Low Fat White Milk Fat Free Chocolate Milk Misc. Creamy Ranch Dressing Ketchup Packet Mustard Packet	Lunch Entrée Halal Crispy Popcorn Chicken Fruit & Yogurt Plate w/Graham Crackers Vegetables California Blend Veggies Kidney Beans Fresh Romaine Leaf & Spinach Salad Mix Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Fresh-Cut Cucumber Slices Fruit Sliced Peaches Fresh Grapes Milk 1% Low Fat White Milk Fat Free Chocolate Milk Misc. Creamy Ranch Dressing Ketchup Packet Mustard Packet	Lunch Entrée Delicious Cheese Pizza Crispy Chicken Caesar Salad Vegetables Spiced Green Beans Fresh Romaine Leaf & Spinach Salad Mix Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Fresh-Cut Cucumber Slices Fruit Fresh Orange Sliced Pears Milk 1% Low Fat White Milk Fat Free Chocolate Milk Misc. Creamy Ranch Dressing Ketchup Packet Mayonnaise Packet Mustard Packet	Lunch Entrée Cinnamon Roll & Scramble Egg Peach Parfait w/ Graham Crackers Vegetables Hash Brown Sticks Fresh Romaine Leaf & Spinach Salad Mix Peppered Broccoli Florets Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Fresh-Cut Cucumber Slices Fruit Diced Strawberries Cup Fresh Banana Milk 1% Low Fat White Milk Fat Free Chocolate Milk Misc. Creamy Ranch Dressing Ketchup Packet Mayonnaise Packet Mustard Packet



Mon	Tue	Wed	Thu	Fri
5/23/2022	5/24/2022	5/25/2022	5/26/2022	5/27/2022
Lunch Entrée Seasoned Chicken Burrito Bowl Veggie Ranch Wrap	Lunch Entrée Cheesy Broccoli Baked Potato w/ Biscuit Baja Fish Sticks w/Roll	Lunch Entrée Halal Sweet & Sour Chicken w/ Rice Fruit & Yogurt Plate w/Graham Crackers	Lunch Entrée Delicious Cheese Pizza Hawaiian Chicken Salad w/Roll	
Vegetables Spiced Green Beans Fresh Romaine Leaf & Spinach Salad Mix Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Fresh Celery Sticks	Vegetables Oven-Roasted Potato Wedges Fresh Romaine Leaf & Spinach Salad Mix Fresh Baby Carrots Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Celery Sticks	Vegetables Seasoned Peas & Carrots Chilled Black Bean Salad Fresh Romaine Leaf & Spinach Salad Mix Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Fresh Celery Sticks	Vegetables Seasoned 5 Way Mixed Vegetables Fresh Romaine Leaf & Spinach Salad Mix Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Fresh Celery Sticks	
Fruit Juicy Mandarin Oranges Fresh Apple	Fruit Fresh Pear Diced Strawberries Cup	Fruit Fresh Banana Juicy Pineapple Tidbits	Fruit Sliced Peaches Fresh Apple	
Milk 1% Low Fat White Milk Fat Free Chocolate Milk	Milk 1% Low Fat White Milk Fat Free Chocolate Milk	Milk 1% Low Fat White Milk Fat Free Chocolate Milk	Milk 1% Low Fat White Milk Fat Free Chocolate Milk	
Misc. Creamy Ranch Dressing	Misc. Creamy Ranch Dressing Ketchup Packet	Misc. Creamy Ranch Dressing Ketchup Packet Mayonnaise Packet Mustard Packet	Misc. Creamy Ranch Dressing Ketchup Packet Mayonnaise Packet Mustard Packet	



Mon	Tue	Wed	Thu	Fri
5/30/2022	5/31/2022	6/1/2022	6/2/2022	6/3/2022
	Lunch Entrée Classic Mac & Cheese Sunbutter & Jelly Sandwich w/ String Cheese	Lunch Entrée Halal Chicken Parmesan Sub Power Pack, Pita & Labneh w/ Cucumbers (2G, 1M), Vegetarian	Lunch Entrée Delicious Cheese Pizza Bazella & Brown Rice	Lunch Entrée Rotini Marinara w/ HM Meatballs & Breadstick Hummus & Pita Bread
	Vegetables Seasoned Roasted Vegetables Homestyle Coleslaw Salad Fresh Romaine Leaf & Spinach Salad Mix Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Green Bell Pepper	Meat/Meat Alternate String Cheese	Vegetables Steamed Corn Fresh Romaine Leaf & Spinach Salad Mix Tomatoes, Cherry, Raw Fresh Baby Carrots Fresh Broccoli Florets Fresh-Cut Cucumber Slices	Vegetables Seasoned 5 Way Mixed Vegetables Fresh Romaine Leaf & Spinach Salad Mix Tomatoes, Cherry, Raw Fresh Broccoli Florets Fresh Baby Carrots Fresh-Cut Cucumber Slices
	Fruit Fresh Pear Sliced Pears	Fruit Juicy Pineapple Tidbits Fresh Orange	Fruit Fresh Apple Sliced Peaches	Fruit Fresh Orange Diced Strawberries Cup
	Milk 1% Low Fat White Milk Fat Free Chocolate Milk	Milk 1% Low Fat White Milk Fat Free Chocolate Milk	Milk 1% Low Fat White Milk Fat Free Chocolate Milk	Milk 1% Low Fat White Milk Fat Free Chocolate Milk
	Misc. Creamy Ranch Dressing	Misc. Creamy Ranch Dressing	Misc. Creamy Ranch Dressing Ketchup Packet Mayonnaise Packet	Misc. Creamy Ranch Dressing

FILTERS

Name(s)

Value(s)

Date Range

(Start = 5/1/2022, End = 6/4/2022)

Menu Plan

(Dearborn SY 2021/2022 K-5 Lunch)