


 Dearborn SY22/23 K-12 Breakfast
 Breakfast

Dearborn Public School

Mon	Tue	Wed	Thu	Fri
2/27/2023	2/28/2023	3/1/2023	3/2/2023	3/3/2023
Breakfast Entrée Egg & Cheese English Muffin Sandwich Cinnamon Toast Crunch w/ Toast Cocoa Puffs Cereal w/ Graham Crackers Cheerios Cereal w/ Graham Crackers Fruit Fresh Grapes 100% Orange Juice Cup Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Breakfast Entrée Fluffy Banana Muffin Cinnamon Toast Crunch Cereal w/ Graham Crackers Cocoa Puffs Cereal w/ Graham Crackers Trix Cereal w/ Graham Crackers Fruit Fresh Apple 100% Grape Juice Cup Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local Misc. Maple Syrup Cup	Breakfast Entrée Fluffy French Toast Sticks Cinnamon Toast Crunch Cereal w/ Graham Crackers Cocoa Puffs Cereal w/ Graham Crackers Trix Cereal w/ Graham Crackers Fruit 100% Apple Juice Cup Fresh Pear Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Breakfast Entrée INACTIVE Mixed Berry Cereal Bar w/Graham Crackers Cinnamon Toast Crunch w/ Toast Cocoa Puffs Cereal w/ Toast Trix Cereal w/ Graham Crackers Fruit 100% Fruit Punch Cup Fresh Orange Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Breakfast Entrée Vanilla Yogurt Cup w/Graham Crackers Cinnamon Toast Crunch Cereal w/ Graham Crackers Cocoa Puffs Cereal w/ Graham Crackers Trix Cereal w/ Graham Crackers Fruit 100% Orange Juice Cup Fresh Grapes Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local
3/6/2023	3/7/2023	3/8/2023	3/9/2023	3/10/2023
Breakfast Entrée Scrambled Eggs w/ Waffles Cinnamon Toast Crunch Cereal w/ Graham Crackers Cocoa Puffs Cereal w/ Graham Crackers Trix Cereal w/ Graham Crackers Fruit 100% Grape Juice Cup Juicy Mandarin Oranges Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Breakfast Entrée Blueberry Muffin Top Cinnamon Toast Crunch Cereal w/ Graham Crackers Cocoa Puffs Cereal w/ Graham Crackers Trix Cereal w/ Graham Crackers Fruit 100% Apple Juice Cup Diced Peach Cup Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Breakfast Entrée INACTIVE Apple Cinnamon Cereal Breakfast Bar Cinnamon Toast Crunch Cereal w/ Graham Crackers Cocoa Puffs Cereal w/ Graham Crackers Trix Cereal w/ Graham Crackers Fruit 100% Fruit Punch Cup Fresh Pear Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Breakfast Entrée Blueberry Parfait w/ Graham Crackers Cinnamon Toast Crunch w/ Toast Cocoa Puffs Cereal w/ Toast Trix Cereal w/ Graham Crackers Fruit 100% Orange Juice Cup Unsweetened Applesauce Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Breakfast Entrée Zatar w/ Cheese on Pita Bread Cinnamon Toast Crunch Cereal w/ Graham Crackers Cocoa Puffs Cereal w/ Graham Crackers Trix Cereal w/ Graham Crackers Fruit Fresh Banana 100% Grape Juice Cup Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local



Mon	Tue	Wed	Thu	Fri
3/13/2023	3/14/2023	3/15/2023	3/16/2023	3/17/2023
Breakfast Entrée Lebanese Potatoes & Eggs Cinnamon Toast Crunch w/ Toast Cocoa Puffs Cereal w/ Graham Crackers Cheerios Cereal w/ Graham Crackers Fruit 100% Apple Juice Cup Blueberries Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Breakfast Entrée Whole Grain Bagel Cinnamon Toast Crunch Cereal w/ Graham Crackers Cocoa Puffs Cereal w/ Graham Crackers Trix Cereal w/ Graham Crackers Fruit Fresh Apple 100% Fruit Punch Cup Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local Misc. Cream Cheese Cup Jelly Packet	Breakfast Entrée Pancakes w/ Hash Browns Cinnamon Toast Crunch Cereal w/ Graham Crackers Cocoa Puffs Cereal w/ Graham Crackers Trix Cereal w/ Graham Crackers Fruit 100% Orange Juice Cup Fresh Grapes Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local Misc. Maple Syrup Cup	Breakfast Entrée Buttery English Muffin (2G) Cinnamon Toast Crunch w/ Toast Cocoa Puffs Cereal w/ Toast Trix Cereal w/ Graham Crackers Fruit Fresh Pear 100% Grape Juice Cup Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Breakfast Entrée Scrambled Eggs w/ Biscuit Cinnamon Toast Crunch Cereal w/ Graham Crackers Cocoa Puffs Cereal w/ Graham Crackers Trix Cereal w/ Graham Crackers Fruit Fresh Banana 100% Apple Juice Cup Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local
3/20/2023	3/21/2023	3/22/2023	3/23/2023	3/24/2023
Breakfast Entrée Egg & Cheese English Muffin Sandwich Cinnamon Toast Crunch w/ Toast Cocoa Puffs Cereal w/ Graham Crackers Cheerios Cereal w/ Graham Crackers Fruit 100% Fruit Punch Cup Sweet Diced Peaches Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Breakfast Entrée Fluffy French Toast Sticks Cinnamon Toast Crunch Cereal w/ Graham Crackers Cocoa Puffs Cereal w/ Graham Crackers Trix Cereal w/ Graham Crackers Fruit 100% Orange Juice Cup Fresh Apple Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local Misc. Maple Syrup Cup	Breakfast Entrée Fluffy Banana Muffin w/ String Cheese Cinnamon Toast Crunch Cereal w/ Graham Crackers Cocoa Puffs Cereal w/ Graham Crackers Fruit 100% Grape Juice Cup Fresh Pear Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Breakfast Entrée Trix Cereal Bar Cinnamon Toast Crunch w/ Toast Cocoa Puffs Cereal w/ Toast Fruit 100% Apple Juice Cup Blueberries Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Breakfast Entrée Blueberry Parfait w/ Granola Cinnamon Toast Crunch Cereal w/ Graham Crackers Trix Cereal w/ Graham Crackers Fruit Fresh Banana 100% Fruit Punch Cup Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local
3/27/2023	3/28/2023	3/29/2023	3/30/2023	3/31/2023


 Dearborn SY 22/23 K-5 Lunch
 Lunch

Dearborn Public School

Mon	Tue	Wed	Thu	Fri
2/27/2023	2/28/2023	3/1/2023	3/2/2023	3/3/2023
Lunch Entrée	Lunch Entrée	Lunch Entrée	Lunch Entrée	Lunch Entrée
Halal Chicken Nuggets Pita & Veggie Hummus Power Pack	Grande Cheesy Nachos Halal Crispy Chicken Wrap	Halal Beefy Rotini & Breadstick Veggie Ranch Wrap	Halal Pepperoni Pizza Cat in the Hat Strawberry Yogurt Parfait	Fish Patty Sandwich Turkey & Cheese Sandwich
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Steamed Crinkle Carrots Fresh Lettuce & Spinach Mix Fresh Baby Carrots Fresh-Cut Cucumber Slices Fresh Celery Sticks Fresh Broccoli Florets	Seasoned Mexican Black Beans Fresh Lettuce & Spinach Mix Fresh Baby Carrots Fresh-Cut Cucumber Slices Fresh Celery Sticks Fresh Broccoli Florets	Peppered Broccoli Florets Fresh Lettuce & Spinach Mix Fresh Baby Carrots Fresh-Cut Cucumber Slices Fresh Celery Sticks Fresh Broccoli Florets	Steamed Corn Fresh Lettuce & Spinach Mix Fresh Baby Carrots Fresh-Cut Cucumber Slices Fresh Celery Sticks Fresh Broccoli Florets	Crispy Straight Cut Fries Shredded Lettuce, Tomato Slices & Pickles Fresh Lettuce & Spinach Mix Fresh Baby Carrots Fresh-Cut Cucumber Slices Fresh Celery Sticks Fresh Broccoli Florets
Fruit	Fruit	Fruit	Fruit	Fruit
Fresh Apple Sweet Diced Peaches	Fresh Orange Slices Mixed Tropical Fruit	Juicy Mandarin Oranges Diced Strawberries Cup	Fresh Apple Diced Pears	Fresh Banana Unsweetened Applesauce
Milk	Milk	Milk	Milk	Milk
1% Low Fat White Milk Local Fat Free Chocolate Milk Local	1% Low Fat White Milk Local Fat Free Chocolate Milk Local	1% Low Fat White Milk Local Fat Free Chocolate Milk Local	1% Low Fat White Milk Local Fat Free Chocolate Milk Local	1% Low Fat White Milk Local Fat Free Chocolate Milk Local
Misc.	Misc.	Misc.	Misc.	Misc.
Ketchup Dispenser Mustard Dispenser Mayo Dispenser Ranch Dispenser	Ketchup Dispenser Mustard Dispenser Mayo Dispenser Ranch Dispenser	Ketchup Dispenser Mustard Dispenser Mayo Dispenser Ranch Dispenser	Ketchup Dispenser Mustard Dispenser Mayo Dispenser Ranch Dispenser	Ketchup Dispenser Mustard Dispenser Mayo Dispenser Ranch Dispenser Tartar Sauce



Mon	Tue	Wed	Thu	Fri
3/6/2023	3/7/2023	3/8/2023	3/9/2023	3/10/2023
Lunch Entrée Classic Mac & Cheese Sun Butter & Grape Jelly Sandwich	Breakfast Entrée Cinnamon French Toast	Lunch Entrée Pretzel Rods w/Cheese Dip Hummus & Pita Bread	Lunch Entrée Delicious Cheese Pizza Sun Butter & Grape Jelly Sandwich	Lunch Entrée Baja Fish Tacos Turkey Wrap
Vegetables California Blend Veggies Garbanzo Beans Fresh Lettuce & Spinach Mix Fresh Baby Carrots Fresh-Cut Cucumber Slices Fresh Celery Sticks Fresh Broccoli Florets	Mandarin Orange Parfait w/String Cheese & Graham Vegetables Crispy Tater Tots Fresh Lettuce & Spinach Mix Fresh Baby Carrots Fresh-Cut Cucumber Slices Fresh Celery Sticks Fresh Broccoli Florets	Vegetables Fresh Steamed Broccoli Fresh Lettuce & Spinach Mix Fresh Baby Carrots Fresh-Cut Cucumber Slices Fresh Celery Sticks Fresh Broccoli Florets	Vegetables Steamed Corn Fresh Lettuce & Spinach Mix Fresh Baby Carrots Fresh-Cut Cucumber Slices Fresh Celery Sticks Fresh Broccoli Florets	Vegetables Zingy Crinkle Fries Fresh Lettuce & Spinach Mix Fresh Baby Carrots Fresh-Cut Cucumber Slices Fresh Celery Sticks Fresh Broccoli Florets
Fruit Sweet Diced Peaches Fresh Apple	Fruit Sliced Strawberries Diced Pears	Fruit Juicy Mandarin Oranges Applesauce Cup	Fruit Fresh Banana Mixed Berries	Fruit Diced Peach Cup Blueberries
Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local
Misc. Ketchup Dispenser Mustard Dispenser Mayo Dispenser Ranch Dispenser	Misc. Ketchup Dispenser Mustard Dispenser Mayo Dispenser Ranch Dispenser Maple Syrup Cup	Misc. Ketchup Dispenser Mustard Dispenser Mayo Dispenser Ranch Dispenser	Misc. Ketchup Dispenser Mustard Dispenser Mayo Dispenser Ranch Dispenser	Misc. Ketchup Dispenser Mustard Dispenser Mayo Dispenser Ranch Dispenser Tartar Sauce



Mon	Tue	Wed	Thu	Fri
3/13/2023	3/14/2023	3/15/2023	3/16/2023	3/17/2023
Lunch Entrée Halal Chicken Tenders w/ Dinner Roll Hummus & Pita Bread	Breakfast Entrée Fluffy Pancakes w/ Turkey Bacon	Lunch Entrée Halal Chicken Patty Sandwich Southwest Veggie Wrap	Lunch Entrée Halal Pepperoni Pizza Halal Crispy Chicken Wrap	
Vegetables Crispy Straight Cut Fries Fresh Lettuce & Spinach Mix Fresh Baby Carrots Fresh-Cut Cucumber Slices Fresh Celery Sticks Fresh Broccoli Florets	Lunch Entrée Peach Parfait w/ Graham Crackers	Vegetables Green Beans Shredded Lettuce, Tomato Slices & Pickles Garbanzo Beans Fresh Lettuce & Spinach Mix Fresh Baby Carrots Fresh-Cut Cucumber Slices Fresh Celery Sticks Fresh Broccoli Florets	Vegetables Steamed Corn Fresh Lettuce & Spinach Mix Fresh Baby Carrots Fresh-Cut Cucumber Slices Fresh Celery Sticks Fresh Broccoli Florets	
Fruit Fresh Apple Sweet Diced Peaches	Vegetables Crispy Tater Tots Fresh Lettuce & Spinach Mix Fresh Baby Carrots Fresh-Cut Cucumber Slices Fresh Celery Sticks Fresh Broccoli Florets	Fruit Diced Pears Fresh Apple	Fruit Cinnamon Applesauce Fresh Grapes	
Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Fruit Fresh Pear Unsweetened Applesauce	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	
Misc. Ketchup Dispenser Mustard Dispenser Mayo Dispenser Ranch Dispenser	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Misc. Ketchup Dispenser Mustard Dispenser Mayo Dispenser Ranch Dispenser	Misc. Ketchup Dispenser Mustard Dispenser Mayo Dispenser Ranch Dispenser	



Mon	Tue	Wed	Thu	Fri
3/20/2023	3/21/2023	3/22/2023	3/23/2023	3/24/2023
Lunch Entrée Cheese Stuffed Sticks Blueberry Parfait w/ Graham Crackers and String Cheese	Lunch Entrée Halal Beef Hotdog Tuna Salad Sandwich	Lunch Entrée Halal Hamburger Veggie Ranch Wrap	Lunch Entrée Delicious Cheese Pizza Halal Crispy Chicken Ranch Wrap	Lunch Entrée Breaded Fish Sticks Pita & Veggie Hummus Power Pack
Vegetables Fresh Steamed Broccoli Fresh Lettuce & Spinach Mix Fresh Baby Carrots Fresh-Cut Cucumber Slices Fresh Celery Sticks Fresh Broccoli Florets	Vegetables Vegetarian Baked Beans Creamy Coleslaw Fresh Lettuce & Spinach Mix Fresh Baby Carrots Fresh-Cut Cucumber Slices Fresh Celery Sticks Fresh Broccoli Florets	Vegetables Steamed Corn Fresh Lettuce & Spinach Mix Fresh Baby Carrots Fresh-Cut Cucumber Slices Fresh Celery Sticks Fresh Broccoli Florets Garbanzo Beans	Vegetables Steamed Baby Carrots Fresh Lettuce & Spinach Mix Fresh Baby Carrots Fresh-Cut Cucumber Slices Fresh Celery Sticks Fresh Broccoli Florets	Vegetables Crinkle Cut Fries Fresh Lettuce & Spinach Mix Fresh Baby Carrots Fresh-Cut Cucumber Slices Fresh Celery Sticks Fresh Broccoli Florets
Fruit Fresh Apple Sweet Diced Peaches	Fruit Fresh Orange Juicy Pineapple Tidbits	Shredded Lettuce, Tomato Slices & Pickles Fruit Fresh Strawberries Juicy Mandarin Oranges	Fruit Sweet Diced Peaches Blueberries	Fruit Fresh Orange Slices Unsweetened Applesauce
Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local
Misc. Ketchup Dispenser Mustard Dispenser Mayo Dispenser Ranch Dispenser	Misc. Ketchup Dispenser Mustard Dispenser Mayo Dispenser Ranch Dispenser	Misc. Ketchup Dispenser Mustard Dispenser Mayo Dispenser Ranch Dispenser	Misc. Ketchup Dispenser Mustard Dispenser Mayo Dispenser Ranch Dispenser	Misc. Ketchup Dispenser Mustard Dispenser Mayo Dispenser Ranch Dispenser Tartar Sauce
3/27/2023	3/28/2023	3/29/2023	3/30/2023	3/31/2023

FILTERS

Name(s)

Value(s)

Date Range

(Start = 2/26/2023, End = 4/1/2023)

Menu Plan

(Dearborn SY22/23 K-12 Breakfast, Dearborn SY 22/23 K-5 Lunch)