


 Dearborn SY 23/24 K-5 Lunch
Lunch

Dearborn Public School

| Mon | Tue | Wed | Thu | Fri |
|--|--|---|--|--|
| 10/30/2023 | 10/31/2023 | 11/1/2023 | 11/2/2023 | 11/3/2023 |
| Lunch Entrée Halal Chicken Nuggets with Onion Rings Peach Parfait w/ Graham Crackers and String Cheese | Lunch Entrée Halloween Mummy Pizza Halal Crispy Chicken Ranch Wrap | Lunch Entrée Cheesy Nachos Sunbutter & Jelly Sandwich w/ String Cheese | Lunch Entrée Fish Sticks w/Roll Veggie Ranch Wrap | Lunch Entrée Halal Chicken Parmesan Sub Turkey & Cheese Deli Sliders on Hawaiian Rolls |
| Vegetables Fresh Steamed Broccoli Fresh Lettuce & Spinach Mix Fresh Baby Carrots Fresh-Cut Cucumber Slices Fresh Celery Sticks Fresh Broccoli Florets | Vegetables Steamed Baby Carrots Fresh Lettuce & Spinach Mix Fresh Cherry Tomatoes Fresh Baby Carrots Fresh Cucumber Slices Fresh Broccoli Florets | Vegetables Steamed Mexicorn Fresh Baby Carrots Fresh Broccoli Florets Fresh-Cut Cucumber Slices Fresh Romaine Leaf & Spinach Salad Mix Garbanzo Beans | Vegetables Green Beans Fresh-Cut Cucumber Slices Fresh Broccoli Florets Fresh Cherry Tomatoes Fresh Lettuce & Spinach Mix Fresh Celery Sticks | Vegetables Smiley Fries Fresh Lettuce & Spinach Mix Fresh Baby Carrots Fresh-Cut Cucumber Slices Fresh Celery Sticks Fresh Broccoli Florets |
| Fruit Diced Pears Diced Strawberries Cup | Fruit Fresh Peach Mixed Fruit Cup | Fruit Fresh Grapes Sweet Diced Peaches | Fruit Unsweetened Applesauce Fresh Orange | Fruit Fresh Apple Juicy Mandarin Oranges |
| Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local | Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local | Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local | Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local | Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local |
| Misc Ketchup Dispenser Mustard Dispenser Mayo Dispenser Ranch Dispenser | Misc Ketchup Dispenser Mustard Dispenser Mayo Dispenser Ranch Dispenser | Misc Ranch Dispenser Ketchup Dispenser Mustard Dispenser Mayo Dispenser | Misc Ketchup Dispenser Mustard Dispenser Mayo Dispenser Ranch Dispenser Tartar Sauce | Misc Ketchup Dispenser Mustard Dispenser Mayo Dispenser Ranch Dispenser |



| Mon | Tue | Wed | Thu | Fri |
|--|-----------|---|--|---|
| 11/6/2023 | 11/7/2023 | 11/8/2023 | 11/9/2023 | 11/10/2023 |
| Lunch Entrée Scrambled Eggs w/Pancakes Cat in the Hat Strawberry Yogurt Parfait | | Lunch Entrée Halal Chicken Tenders Hummus & Pita Bread | Lunch Entrée Halal Pepperoni Pizza Tuna Salad Sandwich | Lunch Entrée Vegetarian Pasta Alfredo Southwest Veggie Wrap |
| Vegetables Crispy Tater Tot Fresh Lettuce & Spinach Mix Fresh Baby Carrots Fresh-Cut Cucumber Slices Fresh Celery Sticks Fresh Broccoli Florets Garbanzo Beans | | Vegetables Fresh Steamed Broccoli Fresh Lettuce & Spinach Mix Fresh Cherry Tomatoes Black Olives Fresh Baby Carrots Fresh Broccoli Florets | Vegetables Steamed Corn Fresh Lettuce & Spinach Mix Fresh Baby Carrots Fresh-Cut Cucumber Slices Fresh Celery Sticks Fresh Broccoli Florets | Vegetables Italian Veggie Blend Fresh Lettuce & Spinach Mix Fresh Cherry Tomatoes Black Olives Fresh Baby Carrots Fresh Broccoli Florets |
| Fruit Unsweetened Applesauce Fresh Pear | | Fruit Juicy Pineapple Tidbits Blueberries | Fruit Fresh Grapes Diced Pears | Fruit Juicy Pineapple Tidbits Blueberries |
| Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local | | Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local | Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local | Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local |
| Misc Ketchup Dispenser Mayo Dispenser Mustard Dispenser Ranch Dispenser Maple Syrup Cup | | Misc Ketchup Dispenser Mustard Dispenser Mayo Dispenser Ranch Dispenser | Misc Ketchup Dispenser Mustard Dispenser Mayo Dispenser Ranch Dispenser | Misc Ketchup Dispenser Mustard Dispenser Mayo Dispenser Ranch Dispenser |



| Mon | Tue | Wed | Thu | Fri |
|---|--|--|---|---|
| 11/13/2023 | 11/14/2023 | 11/15/2023 | 11/16/2023 | 11/17/2023 |
| Lunch Entrée Cheese Stuffed Sticks Sun Butter & Grape Jelly Sandwich | Lunch Entrée Halal Chicken Nuggets Turkey & Cheese Sandwich | Lunch Entrée Herb Roasted Turkey Breast w/Honey Roll | Lunch Entrée Delicious Cheese Pizza Veggie Ranch Wrap | Lunch Entrée Halal Beef Hotdog Halal Crispy Chicken Ranch Wrap |
| Vegetables Green Beans Fresh Lettuce & Spinach Mix Fresh Baby Carrots Fresh-Cut Cucumber Slices Fresh Celery Sticks Fresh Broccoli Florets | Vegetables Seasoned and Roasted Vegetables Fresh Baby Carrots Fresh-Cut Cucumber Slices Fresh Celery Sticks Fresh Broccoli Florets Garbanzo Beans | Vegetables Sauteed Green Beans Mashed Potatoes Fresh Lettuce & Spinach Mix Fresh Baby Carrots Fresh-Cut Cucumber Slices Fresh Celery Sticks Fresh Broccoli Florets | Vegetables Steamed Corn Fresh Baby Carrots Fresh-Cut Cucumber Slices Fresh Celery Sticks Fresh Broccoli Florets Garbanzo Beans | Vegetables Crispy Straight Cut Fries Fresh Lettuce & Spinach Mix Fresh Baby Carrots Fresh-Cut Cucumber Slices Fresh Celery Sticks Fresh Broccoli Florets |
| Fruit Fresh Orange Mixed Tropical Fruit | Fruit Sweet Diced Peaches Fresh Apple | Fruit Fresh Grapes Juicy Mandarin Oranges | Fruit Sweet Diced Peaches Fresh Apple | Fruit Diced Pears Fresh Banana |
| Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local | Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local | Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local | Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local | Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local |
| Misc Ketchup Dispenser Mustard Dispenser Mayo Dispenser Ranch Dispenser | Misc Ketchup Dispenser Mayo Dispenser Mustard Dispenser Ranch Dispenser | Misc Ketchup Dispenser Mustard Dispenser Mayo Dispenser Ranch Dispenser Country Style Gravy | Misc Ketchup Dispenser Mayo Dispenser Mustard Dispenser Ranch Dispenser | Misc Ketchup Dispenser Mustard Dispenser Mayo Dispenser Ranch Dispenser |
| | | Desserts Thanksgiving Pumpkin Bars | | |



| Mon | Tue | Wed | Thu | Fri |
|---|--|------------|------------|------------|
| 11/20/2023 | 11/21/2023 | 11/22/2023 | 11/23/2023 | 11/24/2023 |
| Lunch Entrée Cheesy Nachos w/Spanish Rice Sunbutter & Jelly Sandwich w/ String Cheese | Lunch Entrée Halal Pepperoni Pizza Fruit & Yogurt Plate w/Graham Crackers | | | |
| Vegetables Steamed Corn Fresh Baby Carrots Fresh-Cut Cucumber Slices Fresh Broccoli Florets Fresh Cherry Tomatoes Black Olives | Vegetables Fresh Steamed Broccoli Fresh Lettuce & Spinach Mix Fresh Baby Carrots Fresh-Cut Cucumber Slices Fresh Celery Sticks Fresh Broccoli Florets Garbanzo Beans | | | |
| Fruit Sliced Peaches Fresh Pear | Fruit Fresh Apple Juicy Pineapple Tidbits | | | |
| Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local | Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local | | | |
| Misc Ketchup Dispenser Mayo Dispenser Mustard Dispenser Ranch Dispenser | Misc Ketchup Dispenser Mustard Dispenser Mayo Dispenser Ranch Dispenser | | | |



| Mon | Tue | Wed | Thu | Fri |
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| 11/27/2023 | 11/28/2023 | 11/29/2023 | 11/30/2023 | 12/1/2023 |
| Breakfast Entrée Egg & Cheese Bagel Sandwich | Lunch Entrée Mozzarella Cheese Quesadilla Sun Butter & Grape Jelly Sandwich | Lunch Entrée Fish Patty Sandwich Veggie Ranch Wrap | Lunch Entrée Delicious Cheese Pizza Turkey & Cheese Deli Sliders on Hawaiian Rolls | Lunch Entrée Halal Ground Beef Soft Flour Tacos Southwest Veggie Wrap |
| Lunch Entrée Mandarin Orange Parfait w/String Cheese & Graham | Vegetables Seasoned Mexican Black Beans Fresh Lettuce & Spinach Mix Fresh Salsa Black Olives Fresh Baby Carrots Fresh Celery Sticks Fresh Broccoli Florets | Vegetables Zingy Crinkle Fries Fresh Lettuce & Spinach Mix Fresh Baby Carrots Fresh-Cut Cucumber Slices Fresh Celery Sticks Fresh Broccoli Florets Shredded Lettuce, Tomato Slices & Pickles | Vegetables Garlic Steamed Broccoli Black Olives Fresh Baby Carrots Fresh Lettuce & Spinach Mix Fresh-Cut Cucumber Slices | Vegetables Steamed Mexicorn Fresh Salsa Black Olives Fresh Baby Carrots Fresh Lettuce & Spinach Mix Fresh-Cut Cucumber Slices |
| Vegetables Crispy Tater Tots Fresh Lettuce & Spinach Mix Fresh Baby Carrots Fresh-Cut Cucumber Slices Fresh Celery Sticks Fresh Broccoli Florets | Fruit Fresh Grapes Sweet Diced Peaches | Fruit Fresh Apple Diced Pears | Fruit Blueberries Juicy Mandarin Oranges | Fruit Blueberries Juicy Mandarin Oranges |
| Fruit Unsweetened Applesauce Fresh Pear | Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local | Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local | Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local | Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local |
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| FILTERS | |
|------------|---------------------------------------|
| Name(s) | Value(s) |
| Date Range | (Start = 10/29/2023, End = 12/2/2023) |
| Menu Plan | (Dearborn SY 23/24 K-5 Lunch) |