



Howard

Elementary School

Welcome!

December Parent Meeting



Today's Plan

- Discuss how to support our students in navigating school with confidence
 - including resolving conflict
 - fostering independence
 - building essential skills for social interactions



Why does this matter?

Confidence and independence help children with problem-solving, social skills, relationship building, academic success, emotional regulation and preparedness for future.



- Children who demonstrate independence are **30% more likely** to report having positive relationships with peers, which correlates with better social skills.
- Children encouraged to be independent showed a **40% improvement** in their problem-solving abilities in various tasks compared to those who were less independent.
- Independent children are **50% more likely** to successfully navigate transitions to middle school, indicating they are better equipped for increased academic and social demands.



Supporting our students in navigating school with confidence

- resolving conflict
- fostering independence
- building essential skills for social interactions at school

Discuss and take notes on your chart paper..

1. What are you noticing when it comes to this topic?

2. What are some tips you have for fostering independence in our students from your perspective?

Tips

- Let them try to solve problems themselves
 - ask them guiding questions
 - what do you think you should do?
- Teach them to identify problems by encouraging self-awareness and reflection
 - the more we encourage them to think about things they do and say, the more they can identify problems
 - ex. talking through choices they made, reflecting on their day with them
- I statements
 - "I feel ____ (insert feeling word) when ____ (share what caused this feeling)."

Tips

- Help your child understand the difference between bullying and other conflicts
- Tell your child to **report** bullying or other conflicts and to trust that the adult is handling it
- Teach your child ways to respond to bullying or teasing
 - stand up for themselves
 - ignore and walk away
 - tell an adult
 - support their peers if they witness them being bullied

Child Mind Institute

- Model Confidence
- Don't get upset about mistakes
- Encourage them to try new things
- Allow them to fail
- Praise perseverance
- Celebrate effort
- Embrace imperfection





Talking to children about inclusion

Resources

<https://www.pbs.org/parents>

Find Ways to Play

I want to get activities for ages

2-8 Select an age range ▼

that help with

Select topic ▼

My child watches

PBS KIDS Select show ▼

and I want to see

Select activity type ▼

Get Activities ▶



Help Your Child Learn & Grow

Get age-by-age tips and activities for:



Emotions & Self-Awareness



Social Skills



Character



Literacy



Math



Science



Arts

Resources to take home

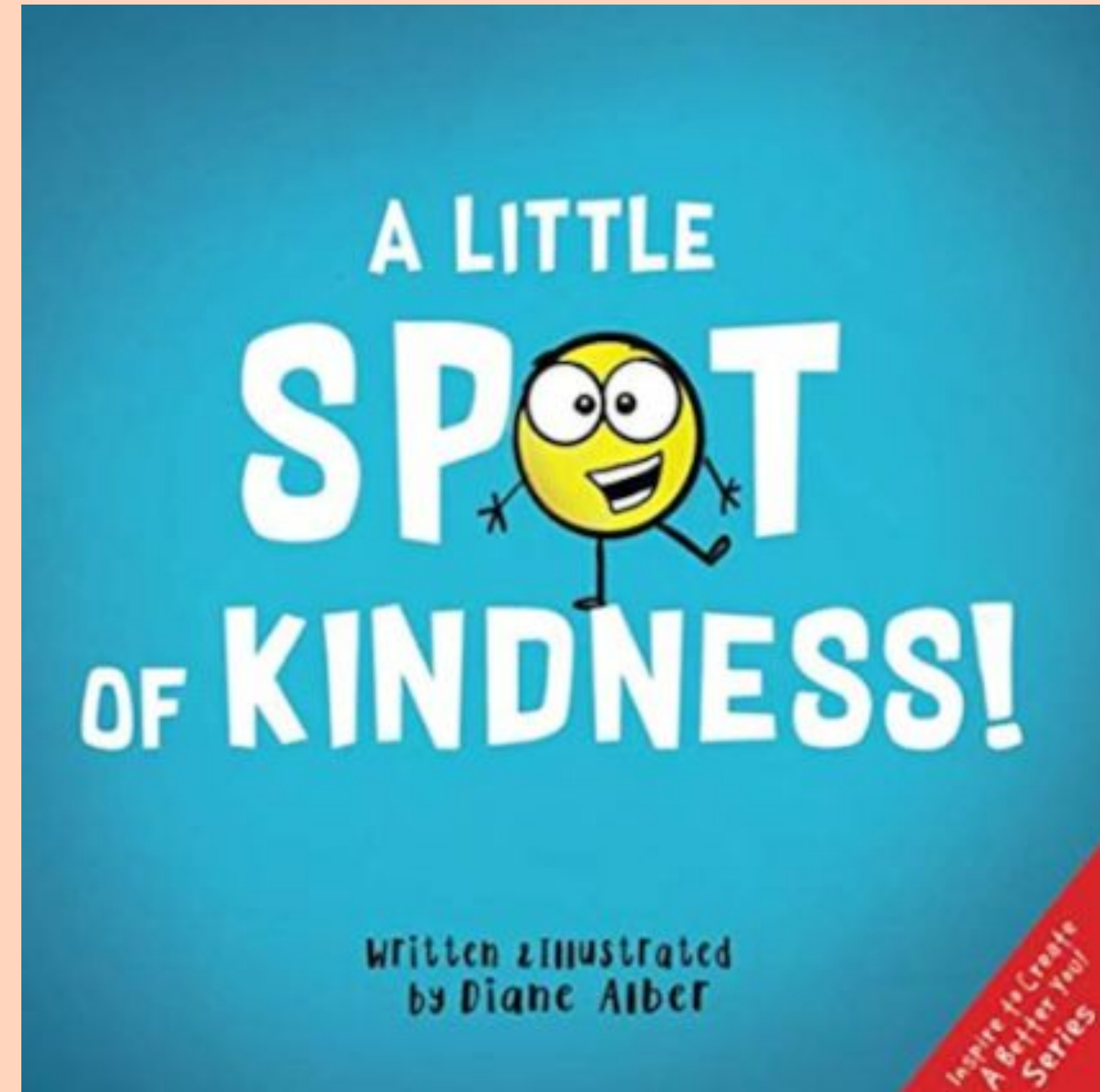


KIND ACTS
BINGO

PBS KIDS

Read to someone	Tell someone they had a good idea today	Say something nice to your parent	Share your toys	Help someone with a chore
Take turns	Take out the trash	Set the table	Take care of a pet or plant	Call a friend or family member
Mail someone a letter	Apologize to someone	Free Space	Give a hug or a high-5	Hold the door for someone
Help clean after a meal	Make a card for someone	Pick up litter	Say 'please' and 'thank you'	Make a gift for your teacher
Make food for someone	Give a compliment	Help your teacher	Draw someone a picture	Eat lunch with a new friend

Share your completed card by tagging @PBSKIDS and use the hashtag #PBSKIDSBingo.



A LITTLE
SPOT
OF KINDNESS!

Written & Illustrated
by Diane Aiber

Inspire to Create
A Better You!
Series

**What other resources,
activities, etc. do you
recommmend?**



THANK YOU!



Credits

Slides Carnival

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Happy designing!